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2012 MaGui Baguazhang with Andrea Falk

霍安娣教练

January 24 and 26, 6:00 to 8:00 pm

精武会, ChingWu Athletic Association, 213 Pacific Ave,
Winnipeg.

课程内容八卦掌的《走圈》和基本功。Beginners will learn the basics, more advanced students will continue the dragon changes.

Andrea Falk has trained Chinese martial arts since 1972, learning in China since 1980. She has trained bagua since 1981, and MaGui bagua since 2001. Andrea teaches at *the wushu centre* in the city where she lives - Montreal (1984 - 1988), Victoria (1992 - 2003), and Quebec city since 2007. The Winnipeg seminar is part of a twice-a-year trip across Canada to maintain ongoing training groups that have been running since 2004. Beginners and newcomers to the groups are welcome. Experienced martial artists from external styles often enjoy the new challenge of MaGui bagua, and may even heal old injuries and lengthen their training lives.

Medicine Hat January 21-22nd, Winnipeg January 24-26th, Guelph January 28-29th.

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